



# Vessels of Peace

Women Embodying Peace ...  
Inspired by the Sacred Feminine ...  
Serving Divinity, Humanity, Earth

VESSELS OF PEACE MONTHLY NEWSLETTER  
JANUARY 2006 - ISSUE #23

## IN THIS ISSUE:

- **FEATURE ESSAY: A NEW YEAR... A NEW WAY...**
- **NEWS & EVENTS: BOOK PAGE ADDED TO VOP WEBSITE, BOOK TOUR UPDATE, 2006 EVENTS**
- **TELECONFERENCE CALLS & TELECLASS OFFERINGS: THE 11 INTENTIONS BOOK TELECLASS, RE OTHER 2006 OFFERINGS**
- **LINK OF THE MONTH: PUZZLES WITH A PURPOSE**
- **TENDING THE VESSEL: SHARINGS & INSPIRATION**
- **SUPPORT FOR THE JOURNEY: ORDER THE 11 INTENTIONS BOOK, VOP MENTORING SESSIONS, GUIDED MEDITATION CDS AVAILABLE**

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## A NEW YEAR... A NEW WAY...

By Linda Terry

A few days ago, I had the following dream: I am in a pleasant outdoor setting, on a sunny day, in a residential area that is next to a park. People are sitting in chairs and on the ground, along the street and in the park - a very big crowd. They are singing a song; it has several verses to it. I can't make out the words, but the tune feels familiar.

I am walking among the crowd as they are singing, looking for something or someone - it's not quite clear. I finally come to a place where it is mostly women, and that seems like where I am to be. I notice that everyone is wearing light-colored clothing - white, cream, pale pastels - and realize that they are in night clothes - pajamas, robes and other leisurewear-type outfits!

Suddenly, as the next verse of the song begins, the women, one by one, all through the crowd, stand up as they are singing - and I realize that only the women are singing this verse - and the sound grows and grows ... and it's like nothing I've ever heard before. It's an incredible, beautiful, strong sound! All around, as far as the eye can see, women are standing up to sing this song together. I still cannot make out the words, but the feeling of the song is a sense of determination and confidence and decision ... That in this moment, the women have chosen to arise - to awake - together, to say, through this verse of the song, "... We see another way, and we are choosing it."

I stand with them, very moved by the sound and feeling of our song.

This dream feels to me, like what the Walking with Peace vision experience felt like in December 2004: Important... about something occurring in the collective consciousness ... like I'm not the only woman having this dream ...

2006 marks the fourth year of Vessels of Peace, and I sense it will be the most significant yet. In this month when we remember a man who had a dream and, in sharing it, inspired millions to a new way, let us remember and share this dream of the women. Not the dream of me, one woman, but the dream of many, many women standing, singing, as *ONE* - for *that* is the next new way.

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## NEWS & EVENTS - JANUARY

### THE 11 INTENTIONS BOOK HAS ITS OWN WEB PAGE!

Our wonderful VoP webmistress, Leigh Sanford, has set up a section for The 11 Intentions book on the VoP site. To see it, go to this link: [www.vesselsofpeace.com/book](http://www.vesselsofpeace.com/book)

### BOOK TOUR UPDATE

Lynda is in the process of scheduling events and book signings to offer as she drives East to Pennsylvania in late March, and then head West again, in late May/early June. She is taking the southern route east and the northern route west. If you live along the way and are willing to 1) host an event, 2) make her aware of a bookstore, women's group or spiritual center in your area that would want to host an event, 3) host her as a guest in your home, or 4) any/all of the above, please email Lynda at [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net) or call her at 707-538-2070 to see if she will be coming near where you are.

### 2006 EVENTS

#### Saturday, February 4 - Santa Rosa, California

The Experience and Message of The 11 Intentions - afternoon retreat. 1 - 5 PM. Cost: \$30. To register and for location directions, contact Star Cardle at 707-568-1277 or Lynda at 707-538-2070 or via email at [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net)

#### Saturday, April 8 - Summerville, South Carolina (near Charleston)

Event title TBA - evening program. 7 PM. Heart offering. For more info and location directions, contact Lynn Milo at 843-875-0082 or [lynnmilo@sc.rr.com](mailto:lynnmilo@sc.rr.com)

#### Monday, April 24 - New Cumberland, Pennsylvania (Harrisburg area)

The 11 Intentions - Talk, guided meditation, booksigning. The Inner-Connection, 308 Market St, 7 PM. To reserve a seat and for directions, call 717-774-4874.

#### Saturday, April 29 - Gettysburg, Pennsylvania

Vessels of Peace Meditation Workshop. Gettysburg Holistic Health Center, Fairfield Road, 1-5 PM. Cost: \$30. To register and for directions, call Marti Thomas at 717-334-5140.

#### Sunday, May 7 - Lineboro, Maryland

The Experience and Message of The 11 Intentions - daylong retreat. Sophia Center, 10 AM - 5 PM. Cost: \$90 (includes signed copy of book); \$75 without book. Call Lynda at 707-538-2070 or email ([lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net)) for registration details.

**Monday, May 8 - New Cumberland, Pennsylvania**

The Darshan of Peace - special guided meditation. The Inner-Connection, 308 Market St., 7 PM.  
Call 717-774-4874 to reserve a seat and for directions.

**Thursday, June 8 - Tuesday, June 13 - Crestone, Colorado**

A unique six-day retreat with Lynda Terry. Theme and content will be determined by the collective energy of the women who feel called to be there. Do you feel called? If so, email or call Lynda to explore further! [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net) or 707-538-2070.

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### TELECLASS & TELECONFERENCE CALL OFFERINGS

#### THE 11 INTENTIONS BOOK TELECLASS

If you took part in several of last year's 11 Intentions teleconference calls and are now ready to go even more deeply into the Intentions practice, there will be a teleclass in 2006, working with The 11 Intentions book. Course size will be limited to 11 women, and there will be 11 90-minute calls between mid-February and the end of July. Cost for the teleclass is \$111, payable via PayPal.com or via check/money order. If you are interested in taking part in this course, please email me asap, as it begins the week of February 12! Call time most likely will be Sunday or Monday evenings.

#### NOTE RE OTHER 2006 OFFERINGS

Dates and facilitating for a repeat of the 11 Intentions free call series have not been finalized; look for that info in the February newsletter. The Affirmation of Peace free call series will not begin until July, so call dates will be announced in late spring. The Meditation Teacher Training Course mentioned in the December newsletter is not going to be offered at this time.

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#### LINK OF THE MONTH: PUZZLES WITH A PURPOSE

The inspiration for Puzzles with a Purpose emerged from a dream co-founder Susan Belanger had shortly after 9/11. From her website: "In this dream, the Earth was seen from space, but it was shattered into pieces. As the dream progressed, however, the pieces slowly began to come back together, one by one, until the planet was whole again. 'This literal vision of the Earth being recreated from its separate pieces resonated in my soul,' Sue said. 'I began to see this dream as a powerful metaphor for the healing of a world torn by divisions. When I shared the dream with my friend Jeannie, we both felt that the "Global Peace(s)" puzzle idea had to become reality. We believe that by putting together "Global Peace(s)" with an intention toward peace, individuals and groups can actually increase the level of peace on the planet.'"

To find out more, go to: [www.puzzleswithapurpose.com](http://www.puzzleswithapurpose.com)

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## TENDING THE VESSEL

*Note: This space is for sharing experiences, thoughts, favorite quotes, etc. that support being a vessel of peace for ourselves and for others. Please send contributions and feedback to [info@vesselsofpeace.com](mailto:info@vesselsofpeace.com).*

### SHARINGS

Angela, from Pennsylvania, shares about an inspiring web radio site:

*Over the summer I found a web radio station called Hay House Radio. Louise Hay who is the author of 'You Can Heal Your Life' is the founder. This is a wonderful gift to all who have access from the computer; the day is FILLED with positive speakers, medical intuitives, and many other inspirational hosts. Listeners can call in FREE and speak to the hosts, since 20 hours per week are new and Live (the broadcast is from California so it is on Pacific Time). I feel many Vessels of Peace women would appreciate the 24/7 of the broadcast. They call it radio for your soul and it is!!! I really feel strongly about turning people on to this wonderful station as Louise Hay was very helpful to me in having a more positive life style. Please check it out at [www.hayhouseradio.com](http://www.hayhouseradio.com)*

### INSPIRATION

Ellen, from New Jersey, shares this wonderful poem for moving into a new year - or for any time!

Let It Be What It Is

Let go of that which is gone.  
Let go of that which is lost.  
Let go of that which is not yet happening.  
What has happened in the past and what will  
happen in the future exist only in your mind.  
What is happening now is  
the infinite caress of the universe.

To touch the eternal now and let it enfold you  
in its infinite love, is the essence of being in love.  
What is happening now is the perfect outcome  
of all you have been and all you have done.  
It is all here to teach you.  
It is all here to love you.  
It is all here to liberate you.  
And it is all, perfect.  
Release that which is going out.  
Embrace that which is coming in.  
Leave alone that which has not yet come.  
Want nothing, and embrace everything.  
Relax into what is, and what is will take care of you.  
Let it be what it is.

- Author unknown

And Cathy from Wisconsin shares this interesting way to assess where we are in our ability to stay steady in our peace. Let's hope it's contagious!

#### SYMPTOMS OF INNER PEACE (Author Unknown)

1. Tendency to think and act spontaneously rather than from fear based on past experiences.
2. An unmistakable ability to enjoy each moment.
3. Loss of interest in judging other people.
4. Loss of interest in judging self.
5. Loss of interest in interpreting the action of others.
6. Loss of interest in conflict.
7. Loss of ability to worry (a very serious symptom).
8. Frequent, overwhelming episodes of appreciation.
9. Contented feelings of connectedness with others and nature.
10. Frequent attacks of smiling through the eyes from the heart.
11. Increasing tendency to let things happen rather than make them happen.
12. Increased susceptibility to Love extended by others as well as the uncontrollable urge to extend it.

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#### SUPPORT FOR THE JOURNEY:

#### ORDER THE 11 INTENTIONS BOOK!

You can order The 11 Intentions book (retail price: \$14.98) in the following ways:

By credit card, through the lulu.com website at this link: [www.lulu.com/content/184845](http://www.lulu.com/content/184845)

Through PayPal. Send your payment to: [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net)

By check or M.O.(U.S. funds), made out to Lynda Terry. The price is \$19 (\$14.98 plus \$4.02 shipping). Mail to: Vessels of Peace, P.O. Box 9006, Santa Rosa, CA 95405

Note re multiple book orders: If you order 2-6 copies via the lulu.com site, you will get free shipping. Discounts are available for multiple copy purchases of 5 or more if purchased from Lynda directly; call 707-538-2070 or email [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net) for details.

#### VOP SPIRITUAL MENTORING SESSIONS

If you long for more support in your spiritual journey, individual mentoring sessions can be very helpful. As someone who has traveled the path from seeking to embodying peace, and now lives and serves from the abiding peace of the heart, I am here to walk with you as a guide and mentor.

Each mentoring session, which lasts up to 90 minutes, begins with a brief centering process and concludes with an intuitively guided meditation that is unique to you and where you are in your

journey. Sessions can be in person, if you live in the Northern California area, or by phone. I also can do small group tele-sessions, if you have a VoP circle (or want to form one), and your circle would like to work with me for a period of time.

If your heart feels called to work with me in this way, please email me at [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net) or call 707-538-2070, and we will explore the possibilities together.

#### GUIDED MEDITATION CDS AVAILABLE

The Vessels of Peace Guided Meditation CD, recorded in 2003, is a wonderful way to do peace embodiment practice, to connect with the energy of the Sacred Feminine, and to connect with the collective energy of Vessels of Peace women everywhere! To order call 707-538-2070 or email [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net) Cost: \$15 + shipping.

Lynda's guided meditation CD/tape, "Meditating for Life - One: Breath Meditation," recorded in 2000, also is available. To order, call 707-538-2070 or email [lyndaht@sbcglobal.net](mailto:lyndaht@sbcglobal.net) Cost: \$15 + shipping.

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#### SUBSCRIBE/UNSUBSCRIBE TO VESSELS OF PEACE NEWSLETTER

To SUBSCRIBE, email [lyndaterry@vesselsofpeace.com](mailto:lyndaterry@vesselsofpeace.com) with subscribe as the subject. Please also put your name, email address, and city/state in the message. To UNSUBSCRIBE, send an email to the same address with unsubscribe as the subject. Your information will never be shared with anyone, nor will this email list be shared, sold or otherwise provided to anyone.

#### FOR MORE INFORMATION ABOUT VESSELS OF PEACE

Vessels of Peace is an international circle of women committed to presencing peace in all areas of their lives. For more information, go to [www.vesselsofpeace.com](http://www.vesselsofpeace.com). Vessels of Peace is an international circle of women inspired by the Sacred Feminine and committed to serving Divinity, Humanity, Earth by presencing peace in their lives and in the world. For more information, go to [www.vesselsofpeace.com](http://www.vesselsofpeace.com).